

The Corporation of the  
County of Prince Edward



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**NEWS RELEASE**

**Anita Stewart, creator of 'Food Day Canada'  
comes to Prince Edward County**

Picton ON – Prince Edward County welcomed Canadian food icon, celebrated cookbook author and creator of Food Day Canada, Anita Stewart to Miss Lily's Café on July 19, 2011. Ms Stewart and local chefs treated the media to a sneak peek at some of the dishes that Prince Edward County restaurants will be serving on July 30<sup>th</sup>, Food Day. Food Day Canada is an annual national celebration of Canadian Food.

This will be the second annual Food Day Canada celebrated in Prince Edward County and the ninth year for Annual Food Day in Canada. Building on last year, Anita has added a strong restaurant component to the promotion. She has combed the nation, searching for the culinary heroes who exhibit a daily, ongoing commitment to buying, cooking and serving local food. When her search reached Prince Edward County, she was overwhelmed with the options and has chosen many exciting establishments to celebrate.

The restaurants chosen as Food Day Canada establishments are East and Main Bistro, Carriage House Restaurant, The Waring House, Clara's, The Milford Bistro, The Devonshire Inn, Chesterfield's Café, The Regent Café and Miss Lily's Café. Each of the chefs will be creating a special menu for the day that will be promoted nationally via the Food Day website and social media.

The Economic Development office has worked closely with Ms. Stewart to identify and connect local producers and chefs, and to identify chefs who demonstrate an ongoing commitment to local food. With "field-to-table" cuisine and culinary tourism key drivers in our local food economy, this kind of celebration fits in well with this part of our strategy.

"As the Gastronomic Capital of Ontario, who could be surprised that the national list includes many from Prince Edward County," said Mayor Peter A. Mertens. "I urge our citizens and visitors to be sure to book a table soon to enjoy the Food Day Canada menus at our local restaurants on July 30<sup>th</sup>. For those who won't be dining at any of these fine establishments on the special day, be sure to cook Canadian...with pride!"

Abundant local food is available throughout the County at local retailers, roadside stands and farmers markets. Visit [www.harvestin.ca](http://www.harvestin.ca) for listings of where to find local food to prepare and enjoy at home.

"Food Day is the time and place for Canadians to share their food and their stories with each other while leading other nations in cultural diversity, food ethics, magnificent flavours...and fun," said Anita Stewart.

For more information on Food Day Canada in Prince Edward County, please contact Karin Desveaux-Potters, Economic Development at 613.476.2148, x344 or 613.243.9403.

More information on Anita Stewart and Food Day Canada can be found at [www.anitastewart.ca](http://www.anitastewart.ca) and [www.foodday.ca](http://www.foodday.ca).